

### **APRIL 2023**

Monthly Community Newsletter supporting Tainui District -Mokau, Awakino, Tongaporutu, Ahititi, and Waikawau

An electronic version of this newsletter is available to view on the Mokau Community Connection Facebook page or we can email a copy to you. Contact Melissa at tainuitradingpost@gmail.com.

## WHAT'S ON

Sun 2 Apr: Daylight Saving ends

Thu 8 Apr: School Term 1 ends

7-10 Apr: EASTER

Fri 7 Apr: Community Pot Luck dinner

**8-10 Apr:** Mokau Pop Up & Bone Carving Symposium

25 Apr: ANZAC day

## **ANZAC Service**

### Tuesday April 25 at 11am

This will be held in the Awakino Hall, 4 Briscoe Street, Awakino. The roll of honour will be read for all the men who served in WWI and WWII from Awakino and surrounding districts. A light lunch will follow the service. All are welcome, especially the children.

Enquiries contact Shane Lowry 06 752 9124 or Dorothy Lowry 06 752 9123





### #loveMOKAUhall#

Mokau will be a buzz again with the Mokau Hall busy with the return of MOKAU MARKET POP UP SHOP and BONE CARVING SYMPOSIUM.

Material Girl will be in the house with her unique style of clothing. There will be a wide variety of fabrics to choose from, which are mostly natural fibres sourced from smaller NZ owned fabric houses. Material Girl can make to measure your own look.

PopUp also carries the whole collection of @kawakawa kottage krafts made with love right here in Mokau. Gorgeous Mokau spun hand knitted wool/angora beanies and baby clothes, Bella creations beautiful bags & wallets, jewellery and heat packs, amazing hand knitted pure wool and mohair jerseys & shrugs, our local craftsman's wooden treasures and much more. Buy locally made, for yourself or a gift, there is something for everyone. MOKAU MARKET POP UP Shop will be open Fri - Mon 10-4 daily. Yes we do have Eftpos

Good Friday night @ the Mokau Hall is POT LUCK DINNER to welcome carvers. *Everyone welcome.* 

## Community Notices

### **CHURCH NOTICES**

### St Peter's by the Sea

"I will sing about your loving kindness and your justice Lord, I will sing your praises." Psalm 101:1

#### Welcome to our fortnightly services

Apr 2: Worship Service 2pm Minister Cruise Hamilton Cruise has attended Bible College in USA and is a farmer near Stratford

Apr 16: Easter Sunday Service 2pm Minister: Murray Seamark

If you have friends and relatives staying over Easter they would be very welcome to come to our services. There are always plenty of activities for children. Everyone is welcome to stay for a nice afternoon tea. For enquiries please contact Church Secretary Dorothy Lowry 752-9123

#### **BOYS' & GIRLS' BRIGADE**

These will commence on March 21st and are held every Tuesday afternoon at the Awakino Hall (Girls) and the Mokau Hall (Boys). Children from five years old and upwards are very welcome to come and join in the fun and games. During summer they begin at 3pm and finish at 4.30pm

Please contact the leaders:

Dorothy Lowry 06 752-9123, Shane Lowry 06 752-9124

### **Christian Church Meetings**

Every 2nd & 4th Sunday, 1.30pm 328 Mohakatino Road

### Ladies Bible Study

Every 2nd & 4th Friday, 2pm 328 Mohakatino Rd, Phone 06 752-9124

### Our Lady of the Wayside Catholic Church Mass

Vigil of Second Sunday of the Month

Saturday, April 8th at 5pm

#### AWAKINO COMMUNITY LIBRARY

Contact JENNY LEWIS PHONE 752-9838



Waitomo District Council

### #loveMOKAUhall#

#### HALL HIREAGE FEES:

or contact Waitomo District Library

on 07 878-1028

Entire Hall ~ \$100 per day Supper Room and Kitchen ~ \$65 Supper Room only (not inc. Kitchen) ~ \$50 Trestle Tables Off Premise ~ \$5 each + Bond Chairs Off Premise ~ \$1.00 each + Bond **Contact Heidi 06 752-9780** 





Date	AM High	AM Low	High	Low	High
SAT 01 APR	mgn	01:28	07:44	14:01	20:11
	-	1.4m	2.9m	1.3m	2.9m
DAYLIGHT SAVING ENDS					
SUN 02 APR		02:26	07:39	13:47	20:04
	-	1.3m 02:09	3.0m 08:25	1.2m 14:26	3.0m 20:49
MON 03 APR	_	02:09 1.1m	08:25 3.2m	14:26 1.0m	20:49 3.2m
		02:45	09:06	15:00	21:29
TUE 04 APR	-	1.0m	3.4m	0.8m	3.4m
		03:18	09:44	15:34	22:06
WED 05 APR	-	0.8m	3.5m	0.7m	3.5m
THU 06 APR		03:51	10:20	16:08	22:42
	-	0.7m 04:26	3.6m 10:57	0.6m 16:45	3.6m 23:18
FRI 07 APR	_	04:26 0.6m	3.6m	0.5m	23.16 3.6m
		05:03	11:33	17:23	23:55
SAT 08 APR	-	0.5m	3.6m	0.5m	3.6m
		05:42	12:12	18:03	
SUN 09 APR	-	0.6m	3.5m	0.5m	-
MON 10 APR	00:34	06:24	12:53	18:45	
	3.5m	0.7m 07:09	3.4m 13:38	0.7m 19:32	-
TUE 11 APR	01:16 3.4m	07:09 0.8m	13:38 3.3m	19:32 0.8m	
	02:04	0.811	14:31	20:25	-
WED 12 APR	3.3m	1.0m	3.1m	1.0m	-
	03:03	09:02	15:35	21:28	
THU13 APR	3.1m	1.1m	3.0m	1.1m	-
FRI 14 APR	04:14	10:14	16:51	22:43	
	3.1m	1.2m	2.9m	1.2m	-
SAT 15 APR	05:31	<b>11:32</b> 1.1m	<b>18:08</b>		
	3.1m	00:02	3.0m 06:40	- 12:41	- 19:16
SUN 16 APR	-	1.1m	3.3m	0.9m	3.2m
		01:09	07:41	13:38	20:13
MON 17 APR	-	0.9m	3.4m	0.7m	3.4m
TUE 18 APR		02:05	08:34	14:29	21:04
TUE TO APK	-	0.7m	3.6m	0.5m	3.6m
WED 19 APR		02:53	<b>09:22</b>	15:15	21:51
	-	0.5m 03:39	3.7m 10:07	0.4m 15:59	3.7m 22:34
THU 20 APR	-	0.4m	3.8m	0.4m	3.8m
		04:21	10:50	16:40	23:15
FRI 21 APR	-	0.4m	3.7m	0.4m	3.7m
SAT 22 APR		05:03	11:31	17:20	23:55
SAT 22 APR	-	0.5m	3.6m	0.5m	3.6m
SUN 23 APR		05:43	12:11	17:59	
	- 00:35	0.6m 06:23	3.5m 12:51	0.7m 18:38	-
MON 24 APR	3.5m	06:23 0.8m	1 <b>∠:5</b> 1 3.3m	18:38 0.9m	_
	01:14	07:05	13:32	<b>19:18</b>	
TUE 25 APR	3.3m	1.0m	3.1m	1.0m	-
	01:56	07:50	14:16	20:03	
WED 26 APR	3.1m	1.2m	2.9m	1.2m	-
THU 27 APR	02:44	08:43	15:08	20:55	
	3.0m	1.3m	2.8m	1.4m	-
FRI 28 APR	<b>03:44</b> 2.9m	<b>09:48</b> 1.4m	<b>16:13</b> 2.7m	<b>22:05</b> 1.5m	_
	04:52	11:05	17:25	23:32	
SAT 29 APR	2.8m	1.4m	2.8m	1.5m	-
	05:58	12:11	18:30		
SUN 30 APR	2.9m	1.3m	2.9m	-	-

# **Community Notices**

### WHAT'S HAPPENING AT THE MUSEUM

#### Tēnā tatou katoa

Three things are happening in April. Easter, school holidays and ANZAC. While everyone celebrates Easter in there own way, Mōkau is traditionally busy as people take the last opportunity of summer to come down to the beach for a getaway. The museum closes on Good Friday but remains open all the other days during Easter weekend.

Easter also marks the start of the school holidays. Kath and the volunteers are using this time to teach anyone young or old how to make poppies for ANZAC. Pop in or send the kids down any time during the school break and someone will be there ready to help with all the materials available. You can make a basic one, or get the creative juices going and be a bit fancy. You can either take what you make home, put in on the commemorative wall in the gallery or better yet, do two, one for each.

Kath's theme for April is "Focusing on Fossils" and she been digging around behind the scenes to find out more information about the fossils held within the museum, which includes the whale bone which is prominent in the cabinet. So while the glue is setting on your poppies, poke your head around the corner and ask a few curious questions, and you might go away with more than you came with. When you look at familiar things that have turned to stone over millennia you begin to realise how short human history is in the world today.

The gallery this month is dedicated to the local ANZACs. Over the years the museum has collected many photos and stories of our local servicemen, some of which paid the ultimate sacrifice. Come in at some stage over the month and reflect on our people who met the global challenges of their day and helped change the world. Lest we forget.

The whakataukī this month is for all those who have gone before and served, "Ka mahi te tawa uho ki te riri" *Well done, you whose courage is like the heart of a tawa tree* 

The museum will be closed to the public from Monday 1<sup>st</sup> May for the work to begin on the accessibility ramp. This doesn't mean we have nothing to do though as the team will be working on changing and creating new displays in the museum. If you want to help with this pop in and see Kath. There is something for everyone here. The doors will stay closed till the project is finished which is likely to be October.

Ngā mihi

Murray

### TAINUI HISTORICAL SOCIETY

Researched by Jennifer Topless

### BEATEN BY BAD ROAD CAR BOGGED IN DEEP MUD Taranaki Daily News 4 April 1923

The ill fortune of becoming hopelessly bogged on the treacherous Taumatemaire Hill, between Awakino and Te Kuiti, attended the effort on Thursday of Mr Phil Seabrook to lower the motor car speed record from Wellington to Auckland. He was running 30 minutes ahead of the time registered a fortnight before and the prospects of success appearedbright until it was found that the Taumatemaire Hill had been rendered practically impassable in recent heavy rains. The car sand axle deep in the mud at a particularly bad spot and a team of horses had to be requisitioned from a sheep station some miles away.

Even then it was four hours before the task was accomplished.

This was not the only bad luck experienced by Mr Seabrook, for between Wellington and Wanganui two punctures occurred. In spite of these he was five minutes ahead of time when Hawera was reached. The car itself a Jewett five seater touring model behaved splendidly right through. Its fastest run from Foxton to Sanson, the distance of 21 miles being covered in 18 minutes, an average of 70 miles an hour. After leaving Wanganui the car sped along the tarred roads of Taranaki at a great rate, and Mt Messenger, formerly a difficult obstacle, but now well metalled and with a good surface, was safely negotiated. The Mokau river was reached 35 minutes ahead of schedule. A wait of five minutes had to be made for the ferry which reduced the advance to 30 minutes.

After passing through Awakino, the fateful ascent of Taumatamaire Hill which ended in the attempt to create a new record having to be abandoned. After the car had been rescued by the team of horses, Mr Seabrook realised it was useless to proceed so he turned back to

Awakino. He then travelled by the new road, opened later that day by the Minister of Public Works, and progress was necessarily very slow owing to the new metal and formation.



### First Gas MOKAU BONE CARVING SYMPOSIUM : 7-10 April 2023

## COMMUNITY POT LUCK DINNER



A gentle reminder to join us in welcoming the carvers at the community pot luck dinner in the Mokau Hall at 6.30pm on Friday 7<sup>th</sup> April. Let's give them a taste of Mokau community spirit. This is a truly national event with 60 carvers from throughout NZ and even a few from Australia. Maori Television, along with other media is covering the symposium, so lots of positive exposure.

Many of the carvers have never been to Mokau before, so your being at the community dinner to welcome them will mean a lot and help these visitors see what an awesome community Mokau is.

I'd like to say a big thank you to those who have offered help in many ways – that's the spirit!

It's going to be a madly busy weekend with the pop-up market and the bone carving side by side in the hall as well as all the passing traffic and holiday makers, marking the beginning of the school holidays.

If you need further information please contact Mike Brown 0272236138 or email 22pilotroad@ gmail.com

### **CLIFTON COMMUNITY BOARD**

#### **BEYOND THE AWA IN CLIFTON**

Got my insurance bill the other day. Up 25%, ouch! And yep, as predicted rates are going up on average 12.5%. And if that's not bad enough, I recently got my new QV rateable valuation, oh which as you guessed it has gone up as well. While the valuation is a key number that determines rates it all gets washed with all the other district valuations. So, If you QV has gone up more than the average across the district you will then pay more that 12.5% but if it is less so will your rates increase will be, but it will go up. There are many in our area that are on fixed, or even worse, reducing incomes and who are facing these unavoidable and uncontrollable cost increases on top of their increased mortgage servicing costs. Some are really going to feel this. As a Community Board we are here to do what we can to help individuals, so if this puts you in particular hardship, let us know.

In the plan over the next year council have committed \$1.35m on renewal projects in the Clifton area. These include continuing the planning for the Urenui/Onaero wastewater, of which land has just been purchased, improving the drainage in the Onaero reserve and strengthening of the bridge, and initial work on the replacement of the swing bridge from Urenui beach area across the river. These are all key infrastructure assets that need to be progressed and it is good that Urenui is getting some attention.

The other thing that is happening soon is some work on tidying up the Tongaporutu Reserve, which includes sealing the 3 Sisters carpark, improving the drainage and track in the freedom camping area, cleaning up the road reserve at the beginning of Clifton Road and some more plantings. We are looking to involve the community with the planting and will keep you informed when this is going to happen. This will bring about some disruption but hopefully they will minimise this.

Your Clifton Community Board is mindful of the council costs to the ratepayer and is doing what we can to keep these down as our contribution to the collective. As part of this there is a community working bee to replace the bounce wall that collapsed last year in the old bowling green. With materials supplied by Council and some local mahi we have saved about \$7k. I know it doesn't sound like much, but it all counts. It will now go inside the tennis court area.

Community Board consultation period is coming to an end and we are now beginning to collate the important issues of our communities. Thanks to all those who have filled in the online survey, but if you have forgotten an important thing you wanted to raise give me a call and we will slip it into the mix.

Manaaki whenua, manaaki tangata, haere whakamua Care for the land, care for the people, go forward

Ngā mihi Murray Seamark Chair

### DISTRICT HEALTH NURSE

Daylight savings is ending this month, the nights are drawing in so it seems a good time to discuss sleep or the lack of sleep and how it can affect our overall wellbeing.

Regular, good quality sleep is important for brain functioning, emotional wellbeing, physical health, daytime performance, and personal safety. When you sleep, your body rests, conserving energy and decreasing blood pressure, heart rate, breathing and body temperature. At the same time, your brain remains active, laying down memory, restoring daytime mental functioning and carrying out processes that lead to physical growth and healing.

Adults need at least 7–8 hours of sleep each night to be well rested, however this varies from person to person and depending on stage of life. Not getting enough sleep is common and can have serious impacts on your health and wellbeing and increase your risk of obesity, diabetes and heart disease.

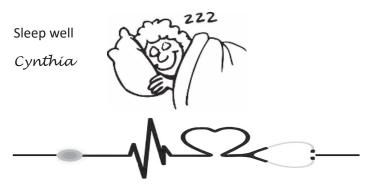
Signs of lack of sleep include mood and concentration problems (being more grumpy, irritable, stressed and less able to make decisions and remember things). Sleep is linked to your mental health – if you're not getting enough sleep, you're more likely to feel depressed and anxious. You are more likely to be hungry and crave unhealthy foods leading to weight gain. Lack of sleep lowers your testosterone and libido. Daytime sleepiness and reduced concentration can result in accidents at work and relationship issues. You have an increased chance of getting sick more often.

If you build up a sleep debt, you need at least 2 nights in a row of unrestricted good quality sleep to restore your balance.

Health Navigator has excellent information on improving sleep, check out the Te Kete Haerenga sleep resource and see how well you are doing with improving your sleep habits with our sleep tips tracker.

https://www.healthnavigator.org.nz/healthy-living/s/ sleep-importance-of/

If you're having ongoing sleep issues, or you still feel unwell despite getting enough sleep, please consult your healthcare provider as there may be other causes.



### TAINUI WETERE DOMAIN

Realised the other day that the reason the west coast camp grounds seem busier, its because people can't easily travel the east coast. It has been a great summer season and our thanks goes to Jenny for making sure the campers enjoy their stay. Gold star Jen, you have made a huge difference.

You may have noticed something going on with the rugby field? We are doing a bit of field maintenance trying to take out the pot holes to make it safer. The field is getting sown with new grass which we hope will help hold It together better. Thank you, Phil, for helping us out here

Max Lovell Secretary

### HANDY TIPS FOR AROUND HOME



Winter is just around the corner and to keep nice and cosy the fire

gets lit. Before you do so it pays to give the flu a check over. Often birds find this a nice place to nest, and the little beggars can actually fill the chimney up in their efforts. Also, a brush will remove any soot making the fire draw better. Brushes aren't expensive and you can get a flu brush from your favourite hardware store. Its not difficult but if you need a hand, you can give me a call.

Murray Seamark Tainui Handyman <u>seamarkmw@gmail.com</u> 021 431432

# Angela Roberts

List MP based in Taranaki – King Country

New Plymouth Office 06 757 5662 78 Gill St, New Plymouth 4310 angela.robertsmp@parliament.govt.nz

AngelaRobertsLabour



Authorised by Angela Roberts MP, Parliament Buildings, Wellington





**Barbara Kuriger** National Party Spokesperson for Energy & Resources

### Horrendous start to 2023

If I thought 2022 was a difficult year for families and businesses, it pales in comparison to the start of 2023.

In my first column, I thought I'd be acknowledging a change in Prime Minister, my new portfolio and new Select Committee position.

But that fades into oblivion in the wake of what has happened to those living in the North Island, especially the battered northern and eastern regions.

Following last year's wet winter, spring and start to summer, the continued downpours were already leaving their mark on the landscape before we were hit with cyclones Hale and Gabrielle bringing more rain as well as gale-force winds. The sheer amount of water that fell and the destruction that followed especially in Auckland, Northland, the Coromandel, East Coast and Hawke's Bay has been life-changing for so many.

One scientist has calculated the Esk Valley in Hawke's Bay received enough rain to fill 72 Olympic swimming pools every minute, for six hours, during the height of Cyclone Gabrielle. Subsequent rain has only added to the catastrophic results.

Overall, the Taranaki/King Country region was very lucky to escape such devastation, with the Waipa district suffering more wind than water, and rural Taranaki faring well considering what was going on elsewhere.

The exception was the Waitomo district where a state of emergency was called on January 25 in the aftermath on Cyclone Hale. In Te Kuiti, the Mangaokewa Stream burst its banks flooding low-lying properties in the east of town, while power was cut for up to 24 hours. Evacuees were cared for by the people of Te Kuiti Pa and I want to thank the whanau there for moving quickly to welcome them.

Otorohanga suffered some flooding due to rising Waipa River levels, while farming communities had paddocks under water, stock isolated, silage and crop damage. Waitomo Caves Village and Marokopa were among those communities cut off by water and slips throughout the district's roading network. The clean-up of those, plus state highways also affected by slips, trees and surface damage continues.

Through this there has been the great co-operation between local mayors, council staff, lines company, roading and Civil Defence teams. I want to applaud for them for the very long days, nights and work in very stressful, trying conditions.

Last, but never least, are the volunteer emergency services, especially our local fire brigades. When trying to get through days and nights with howling winds, pouring rain and rising water, it's to these amazing people we turn to, to help pull us through. Thank you all so much!

### THE YEAR AHEAD

In January I received the Conservation portfolio. Conservation involves us all and is across every industry, so I'm excited about the work to come.

As a new Environment Select Committee member, I've spent the first weeks of 2023 hearing submissions on Natural and Built Environment Bill and Spatial Planning Bill.

These are two of three bills drafted by the Government to replace the Resource Management Act. The Climate Adaptation Bill is yet to be introduced.

Listening to these submissions, while we are seeing the regional destruction on our daily news feeds, has me concentrating on "where" and "how" we need to build in the future.

To those who have lost loved ones, homes, livelihoods, animals, treasured mementoes, my heart goes out to you for the toll it's taken.

My hope is that in true Kiwi spirit, while we may be bruised, we are not broken.

For the return to some semblance of normal will take years.



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## EARTH MOVING

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### **PHONE PETER 06 752-9045**

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Tell us what you're up to now and in the future so we can be the 'unity' in community!

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Anyone can send in photos for the Tainui Trader front page!





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#### 06 758 2480

5040 State Highway 3, Awakino & 18 Smart Road, New Plymouth www.newplymouthautoelectrical.com

### **COMMUNITY INDEX AND PHONE NUMBERS**

CAFES

River Run Café 06 752-9859

Whitebait Inn 06 752-9713

### BUSINESS

1st Scaffolding 027 271-6167 OR 027 333-8531

Business Computer Services Ross Smith - 07 877-8880

Chartered Accountants Lionel Smith & Shelley Mitchell Phone - 07 878-1098 Te Kuiti

Earthmoving / Cartage Chris Wise - 06 752-9710

Electrician Peter McNeice - 06 769-9596 or 027 445-6456 Engineering

Tony Grant - 021 129-6814

Fencing Contractor Matt Faull - 027 344-2979 / 06 752-9057 Gift Shop - KawaKawa Kottage Krafts

022 139-6774

Hairdressing / Le Reve Heidi - 027 679-1931

Home Handyman & Painter

Murray Seamark - 021 431-432 Internet : Keryx Wireless Frank - 021 0443567

Kevin - 027 299 1182 Mokau Butchery

06 752-9844

Ngā Hapū o Poutama - 06 752-5868 karuu.poutama@xtra.co.nz

Plumber

McIndoe Group - 07 878-5026 Plumber & Gasfitter

Peter Langridge - 027 804-8913 Property Maintenance

Geoff Preston - 027 693-0690 Trucking

Progress Transport - 07 877-8058

## TAINUI ST JOHN'S

Our Service requires Volunteers to help with the operation of our ambulance service



Lynette Adams: 07 877-8877 lynadams@xtra.co.nz

Eric Cryer: 06 752-5821

### TAINUI TRADING POST

Community feedback and articles are welcomed and appreciated. The views published in this publication are not those of the editor but of the contributors. Articles must not be longer than 280 words and may have accompanying photos. We reserve the right to edit any material. PUBLICATIONS TO BE SUBMITTED BY THE 20TH OF EACH MONTH. For advertising costs please contact: tainuitradingpost@gmail.com. Follow us on Facebook : Mokau Community Connection

THE TAINUI TRADING POST sincerely thanks **Raupuha Stud & Native Nursery** and the **Mokau Community Trust** for their sponsorship.

### SCHOOLS

Ahititi School 06 752-5890 Mokau School 06 752-9733 Whareorino School 06 752-9850

### SERVICES

Awakino Library 06 752-9838 Mokau Museum 06 752-9072

New Plymouth District Council 06 759-6060

Tongaporutu Hall Phone 752-5872

Waitomo District Council 0800 932-4357

Barbara Kuriger MP 06 756-6032

Justice of the Peace Gay Andrews : 06 752-5870

Marriage Celebrant Heidi : 027 679-1931

Mokau Police Kelly : 021 191-5229

Maniaroa Marae Iwi, hapū, community enquiries maniaroa@gmail.com

### **CLUBS / GROUPS**

Awakino Bowling Club 06 752-9014 (Gail O'Keeffe) Bone Carving (Mike Brown) 027 223-6138 Boys' Brigade (Shane Lowry) 06 752-9124 Girls' Brigade (Dorothy Lowry) 06 752-9123

Tainui Playgroup 06 752-9132 Tainui St John

07 877-8877 (Lynette)

### ACCOMMODATION

Awakino Hotel 06 752-9815

Awakino River Lodge 021 775-397

Mokau Motel 06 752-9725

Seaview Motor camp 06 752-9708

Tongaporutu Hall 06 752 5872 or tongaporutuhall@gmail.com

**NEW ZEALAND FIRE & EMERGENCY** 

If you are interested in joining please phone Andrew Warren 06 752-9059

## **MOKAU** HEALTH CENTRE

WALK-IN CLINIC HOURS: 9am-11am - MON/WED/FRI (excluding Public Holidays)

Sam-Tram - MON/ WED/ FRI (excluding Public F

Nurse: CYNTHIA

Phone: 06 752-9723

Nurse Mob: 021 638-859 (limited reception)

Where: St John's Rooms

Messenger: MOKAU NURSE

Email: mokau.nurse@urenuihc.com

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