



AUGUST 2023

Monthly Community Newsletter supporting Tainui District -
Mokau, Awakino, Tongaporutu, Ahititi, and Waikawau

An electronic version of this newsletter is available to view on the Mokau Community Connection Facebook page or we can email a copy to you. Contact Melissa at tainuitradingpost@gmail.com.

! DON'T FORGET ! WHITEBAIT SEASON starts on September 1

Regulations that took effect in 2021:

Fishing is only allowed during the season and from:

- 5am to 8pm, or
- 6am to 9pm when New Zealand Daylight Saving is being observed.

The taking of whitebait at all other times is prohibited.

- Whitebaiting is only allowed in tidal waters.
On some rivers, the extent of the tidal waters is marked with a back peg. Fishing for whitebait upriver of these back pegs is illegal.

FISHING METHODS

- Only one fishing net can be used from a stand.

- Screens are the only lawful diversion device and are limited to 3m maximum length, except when used from stands.
- Minimum distance of 20 m between fixed fishing gear, except when used from stands.
- Maximum length of all fishing gear cannot exceed a quarter of a channel's width.
- Fixed fishing gear is gear set on the riverbed to catch fish, except when used from stands. Fixed fishing gear doesn't need a person to hold it or actively move it to catch fish.

<https://www.doc.govt.nz/parks-and-recreation/things-to-do/fishing/whitebaiting/>

MOKAU FISHING CLUB ANNUAL GENERAL MEETING

to be held
Saturday 16 September at 3pm
at the Awakino Hotel

ALL WELCOME

PLEASE NOTE:

The September edition of the Tainui Trading Post will be printed a week later.

Thank you all for your understanding



TAINUI TRADING POST

Community feedback and articles are welcomed and appreciated. The views published in this publication are not those of the editor but of the contributors. Articles must not be longer than 280 words and may have accompanying photos. We reserve the right to edit any material. PUBLICATIONS TO BE SUBMITTED BY THE 20TH OF EACH MONTH. For advertising costs please contact: tainuitradingpost@gmail.com. Follow us on Facebook : Mokau Community Connection

THE TAINUI TRADING POST sincerely thanks
Raupuha Stud & Native Nursery
and the **Mokau Community Trust**
for their sponsorship.

Community Notices

CHURCH NOTICES

St Peter's by the Sea

"It is good to give thanks to the Lord and to sing praises to your name, O Most High"

Welcome to our fortnightly services

Aug 6: Communion Service 2pm Murray Seamark
Aug 20: Worship Service 2pm Peter Demchy

Children are welcome at all the services and there are activities and toys for all ages. A nice afternoon tea is provided for everyone after the service. Enquiries to Dorothy Lowry 752-9123

BOYS' & GIRLS' BRIGADE

All children are welcome from 5 years old upwards. We will continue with the 2.30pm start and the 4pm finish to fit in with Mokau School hours. Boys walk to the Mokau Hall with a leader. Transport by leaders is provided for the girls to the Awakino Hall.

Enquiries to leaders:

(Boys) Shane Lowry 06 752-9124
 (Girls) Dorothy Lowry 06 752-9123,

Christian Church Meetings

Every 2nd & 4th Sunday, 1.30pm
 328 Mohakatino Road

Ladies Bible Study

Every 2nd & 4th Friday, 2pm
 328 Mohakatino Rd, Phone 06 752-9124

Our Lady of the Wayside Catholic Church Mass

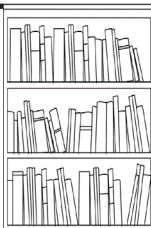
Vigil of Second Sunday of the Month
Saturday, August 12th at 5pm

AWAKINO COMMUNITY LIBRARY

Contact JENNY LEWIS
PHONE 752-9838



or contact
Waitomo District Library
 on 07 878-1028



#loveMOKAUhall#

HALL HIREAGE FEES:

Entire Hall ~ \$100 per day
 Supper Room and Kitchen ~ \$65
 Supper Room only (not inc. Kitchen) ~ \$50
 Trestle Tables Off Premise ~ \$5 each + Bond
 Chairs Off Premise ~ \$1.00 each + Bond

Contact Heidi 06 752-9780

August Tides



Date	AM High	AM Low	PM High	PM Low	PM High
TUE 01 AUG	-	02:59 0.7m	09:30 3.5m	15:21 0.5m	21:57 3.8m
WED 02 AUG	-	03:51 0.5m	10:23 3.6m	16:11 0.4m	22:47 3.9m
THU 03 AUG	-	04:40 0.4m	11:14 3.7m	17:00 0.3m	23:35 4.0m
FRI 04 AUG	-	05:28 0.3m	12:03 3.7m	17:47 0.3m	-
SAT 05 AUG	00:23 3.9m	06:15 0.4m	12:51 3.7m	18:34 0.4m	-
SUN 06 AUG	01:10 3.8m	07:01 0.5m	13:39 3.6m	19:21 0.6m	-
MON 07 AUG	01:59 3.6m	07:49 0.6m	14:28 3.4m	20:11 0.8m	-
TUE 08 AUG	02:49 3.4m	08:39 0.8m	15:21 3.2m	21:06 1.0m	-
WED 09 AUG	03:43 3.2m	09:34 1.0m	16:19 3.1m	22:10 1.2m	-
THU 10 AUG	04:42 3.0m	10:37 1.2m	17:21 3.0m	23:24 1.3m	-
FRI 11 AUG	05:45 2.9m	11:49 1.2m	18:25 3.0m	-	-
SAT 12 AUG	-	00:34 1.3m	06:48 2.9m	12:57 1.2m	19:25 3.1m
SUN 13 AUG	-	01:33 1.2m	07:46 3.0m	13:54 1.1m	20:18 3.2m
MON 14 AUG	-	02:23 1.1m	08:39 3.1m	14:41 1.0m	21:04 3.3m
TUE 15 AUG	-	03:06 1.0m	09:25 3.2m	15:22 0.9m	21:46 3.4m
WED 16 AUG	-	03:44 0.9m	10:06 3.3m	15:58 0.8m	22:24 3.5m
THU 17 AUG	-	04:19 0.8m	10:44 3.3m	16:32 0.8m	23:00 3.5m
FRI 18 AUG	-	04:52 0.7m	11:20 3.4m	17:04 0.7m	23:34 3.5m
SAT 19 AUG	-	05:25 0.7m	11:53 3.4m	17:37 0.7m	-
SUN 20 AUG	00:07 3.5m	05:59 0.7m	12:26 3.4m	18:11 0.8m	-
MON 21 AUG	00:40 3.4m	06:34 0.7m	13:00 3.3m	18:47 0.8m	-
TUE 22 AUG	01:15 3.3m	07:12 0.8m	13:35 3.2m	19:26 1.0m	-
WED 23 AUG	01:52 3.2m	07:53 0.9m	14:15 3.1m	20:11 1.1m	-
THU 24 AUG	02:36 3.1m	08:39 1.0m	15:05 3.0m	21:04 1.2m	-
FRI 25 AUG	03:30 3.0m	09:35 1.1m	16:11 2.9m	22:12 1.3m	-
SAT 26 AUG	04:41 2.9m	10:43 1.2m	17:32 3.0m	23:30 1.3m	-
SUN 27 AUG	06:01 2.9m	12:00 1.1m	18:47 3.1m	-	-
MON 28 AUG	-	00:45 1.1m	07:15 3.1m	13:12 1.0m	19:51 3.4m
TUE 29 AUG	-	01:48 0.9m	08:19 3.3m	14:12 0.7m	20:47 3.6m
WED 30 AUG	-	02:43 0.6m	09:15 3.5m	15:05 0.5m	21:39 3.8m
THU 31 AUG	-	03:33 0.4m	10:06 3.7m	15:54 0.3m	22:27 4.0m

Community Notices

WHAT'S HAPPENING AT THE MUSEUM

Tēnā tatou katoa

We welcomed two new people onto the Committee at the AGM this year. Both are kaumātua of Ngāti Tama descent and we look forward to having their wisdom around the table. The thing about an incorporated society is that everything goes back to zero at the AGM and you never know who is going to stand for the for the next year. Its really great to once again have 4 out of the 9 elected committee members as tangata whenua as this only strengthens the relationships within our community. Thanks to all those who put up their hands this year and I look forward to working with you all.

Hit a bit of a snag with the project when we realised the boundary was a lot further in than we thought. In fact, about 1m in from where the steps used to end. This threw us into a bit of a panic while we got things redesigned and engineered and Dion had to come back a couple more times to take away more of the bank. The upshot of it all is the top landing is now narrower and we have lost the seating area that used to be up there. However not all is lost because we have identified another area outside to develop into a seated area and will see if we can squeeze this into the budget. Thanks, Dion, for helping us out again.

All this has caused delays in the project; however, we are hopeful that we will still be able to open on Labour weekend. The weather will really have a lot to say in this now though.

Work on the inside is progressing well and thanks to all those who are volunteering their time and skills to make this happen. On Mon-Wed the place is humming with people working together on different things all guided by our everable Kath. If anyone wants to catch up and have a look at what's going on these are the days. Just pop in, all welcome.

All the stuff happening at the museum is because of the aspiration of people withing it, and I think this whakataukī and it describes well. Ko te pae tawhiti, whāia kia tata; ko te pae tata, whakamaua kia tīna. *"Seek out distant horizons and cherish those you attain"*.

Ngā mihi
Murray

NOTE from Kath @ the Museum:

"Next monthly Get Together will be August 25

Guest speaker: Paul Charman from King Country News

Please RSVP to Kath TXT 021 132-5390 for catering numbers."

TAINUI HISTORICAL SOCIETY

Researched by Jennifer Topless

BACKBLOCKS BLAZE

HOUSE TOTALLY DESTROYED MANY VALUABLES LOST

Taranaki Daily News 24 August 1923

A fire on Tuesday morning totally destroyed a four roomed wooden dwelling on the Manganui Road, Awakino, about twenty miles from Mokau.

Smoke was seen issuing from the house, which was occupied by three young men named Norman Leech, L Wood and W Wood, by a sawmill employee William Drysdale, about 9.00 am. It was then impossible to effect a 'save', and the house was burned to the ground. The fire presumably started in the kitchen. The occupants left for work about 7 am, the range fire then being practically out. The value of the house is estimated at £900 being partly covered by an insurance policy for £500 in the Northern Company's office.

A particularly unfortunate feature of the fire was mentioned to a Daily News reporter yesterday by Mr W Wood, who said that he and his brother had about £250 in notes in the house at the time of the fire. They only moved into the house about two months ago in order to commence a bushfelling contract. Mr Leech, who was a Duntroon military college graduate also suffered considerable loss, about £200 worth of gear, including a valuable set of books, being destroyed.

TAINUI WETERE DOMAIN

With the help of a Lotteries grant the Domain continued the restoration work along the riverbank last month. 2000 plants were purchased and thanks to the help of some 15 volunteers we got them in the ground in a single day. Big effort and now the entire space west of the new fence is now planted out. Lunch was provided by our organised camp mother and a few beers afterward went down well. Big thanks to all who came with spades and especially the Downers crew who turned up to lend a hand.

If you haven't noticed yet there is now a track from the Domain camp area right through to the bridge. Pete has been busy with his toy and while this began as access for weed control, it is now the beginnings of a walk/cycle track that connects the Domain to the township and is part of the long-term vision for the reserve. While it's a bit rough at the moment, it's great to see people already walking it. Thanks, Pete, for making this happen.

Murray
Chair

DISTRICT HEALTH NURSE

Blood Tests



Dates for August

Wednesday 9th

Wednesday 23rd

If you need an urgent test, please call me to discuss. I can take blood on any clinic day if you can arrange to get it into town.

Thank you to everyone who responded to the question on the Mokau Nurse Facebook page about having a physiotherapist come to Mokau once a week. The response was an overwhelming yes so now we will look into the nuts and bolts of making this happen. It may take a while as we work through the logistics, find someone who is keen to provide this service and get it up and running. All good things take time so watch this spot.... we will keep you posted.

You've probably heard people talk about having the 'winter blues', or maybe when it rains day after day, you start to feel a bit down yourself.

For many people, winter feels like the time to just hunker down and get through and look forward to the coming summer. But for some low mood, tiredness and being grumpy are a problem. This can be a sign of a type of depression called seasonal affective disorder (SAD).

Although the cause of SAD isn't known, a drop in serotonin and a rise in melatonin levels may play a part. Serotonin,

HANDY TIPS FOR AROUND HOME



If you are planning to paint the house or bach this summer now is the time to give this some thought. The difference in a good job that will last the test of time is preparation, which on the coast I'm afraid usually is more that just a waterblast. Any rusty nails and flashings will continue to rust through your new paint and stains will show within the first year. These need to be removed or punched well in and replaced with stainless steel. Then there is a good scrape back, fixing any rotted areas, and finally sanding and gap filling. This is 2/3s of the work and the rest makes the place look great with quality paint, good application tools and a steady hand.

A quality job should last 12 years even out here and unless you are in for a quick sell is well worth the time to do it right. If you need a painter now is the time to book them in for the summer.

While I enjoy painting, I also do all the repairs that go before it, so no need to deal with multiple trades. Give me a bell if you want someone to look over the place for you

Murray Seamark
Tainui Handyman
seamarkmw@gmail.com
021 431432

often called the 'feel good hormone', helps keep moods stable and lessen anxiety. In the winter months, when there isn't much sunlight, serotonin levels can drop, and having more melatonin makes you feel sleepy and tired.

What to do if this sounds like you....

1. Get help early. SAD usually only occurs in winter, but without help can get worse. See your GP, call Healthline 0800 611 116 or check out <https://healthify.nz/>

2. Bundle up and get outside

It's important to get outside on those crisp, sunny winter days. Throw on a coat and gumboots, bundle up family or friend and head outside to make the most of the winter sun. Vitamin D is from the sun and can boost your mood. Fresh air is great for making you feel better.

I often refer to websites for good advice, support, and learning. If having data is a problem for you there is now a way to access key health websites for **FREE!**

Zero Data is available to anyone using a mobile device connected to the Spark, Skinny, One NZ, 2degrees, Warehouse Mobile, Slingshot or Orcon mobile networks.

How to use Zero Data:

Turn your mobile data on, then go to the Zero Data page. There you can find links for free access from your mobile to a wide range of digital services: Education - ACC - Health - Kainga Ora Homes and Communities - Ministry of Justice - Ministry of Social Development - Department of Internal Affairs.

Just make sure your mobile data is turned on before you visit Zero Data. You'll know you're on Zero Data when you see a green ribbon across the top of the website.

Stay well, stay safe

Cynthia





Barbara Kuriger
National Party Spokesperson
MP for Taranaki-King Country

Taxing the givers

Kiwis are a big-hearted bunch.

As National's Spokesperson for Conservation, I have had first-hand opportunity during the past six months to see how generous individuals, families and businesses across the country are looking after our unique biodiversity.

Historically, the Department of Conservation has always taken care of these needs, but the increased scale of expectations makes it impossible for DOC to fund these alone.

For months now there has been a lot of talk about wealth and capital gains taxes in the political arena. And while the Prime Minister quashed the idea last month if they are still in government after the election, I question the merit of either tax. Surely those who generate such hard-earned wealth are best placed to decide how that wealth is used. Because I can already see the drop in funding for many causes — conservation, environment or otherwise — if this wealth was forced through bureaucracy. A large proportion of it going on administration costs and little ending up, where those who earned it, wanted it to go.

In my electorate there are many notable examples of very benevolent families and individuals enabling their communities to build and acquire assets they would otherwise struggle to achieve. In one of these communities, locals have donated substantially to build a medical centre, dementia unit and buy a new ambulance for their town. In another, a family has set up a foundation to give grants which will forever benefit health, wellbeing, and education of the people in their region.

Then there is the great national example of the New Zealand Nature Fund. This initiative raises significant funds from private investors and donors for the effective protection and restoration of our biodiversity at scale, in the wild, for the generations to come. Established in 2020, the New Zealand Nature Fund is the registered brand name for NZ National Parks & Conservation Foundation and a registered charity.

You can't convince me the endeavours for these communities and the betterment of our nation's biodiversity would have been achieved by filtering their money through government departments.

Meanwhile the Greens continue to propose wealth taxes on one hand and biodiversity credits based on philanthropy on the other.

You will see the contradiction as the two proposals are totally at odds with each other — another perfect example of them trying to have their cake and eat it too.

Don't get me wrong, I'm a strong believer in biodiversity credits, but these can be set up, so they are paid for by offsets.

There are examples of this in Australia — a country uses so many more of its natural resources than we do. In areas like New South Wales biodiversity credits are purchased to offset infrastructure and industry. Wouldn't it be great to have the same credits for the vast amount of work already done here by our food producers and farmers!

CLIFTON COMMUNITY BOARD

BEYOND THE AWA IN CLIFTON

By now everyone should have received their By-election voting pack to fill the vacancy on your Community Board. If you haven't got it, please get in touch with Council directly at 06 759-6060. Two very competent candidates have put themselves forward, so please read the bio's and make your choice. Remember the NPDC uses the STV voting process where candidates are ranked 1 and 2. Voting closes at noon 11th August at Council office so if you are using snail mail allow a week to get there, (and they call this progress??).

The bounce wall that was at the old Tongaporutu bowling green has now been replaced with a nice new shiny one situated within the tennis court area which will be much more user friendly. Council paid for the materials and the wall was constructed with local volunteer labour. Thanks to all those who lended a hand to get it up. This saved the ratepayer about \$5k and was the way the community used to get things done. Yep progress?? By the way the old wall is still lying on the ground behind the tennis courts. It is 2.4 x 3.6m and is tanalised. Will make a good garden shed floor for anyone who wants it. Free to a good home, otherwise its going to get cut up and burnt. Help yourself.

Council has provided the community some plants for the Tongaporutu Reserve. The rank areas for planting have been sprayed and Mike Brown is co-ordinating getting them in the ground. Anyone available to help get in touch with Mike. By the way the new Three Sisters carpark and steps has been well received and looks great. Suppose some things do progress after all??

Keep registering those service requests as you see things that need to be done. Council really does reply on our eyes to help them keep on top of things. enquiries@npdc.govt.nz

Manaaki whenua, manaaki tangata, haere whakamua

Care for the land, care for the people, go forward

Ngā mihi
Murray Seamark
Board Chair
021 431432



MŌKAU

COMMUNITY TRUST

2023 Application form Opening 30th July - Closing 30th September

Aim

The Mōkau Community Trust (MCT) aims to support the wider Mōkau Community for cultural, sporting, the arts, educational and community events, projects, and initiatives. From the profits of the Mighty Mōkau Bike Ride.

Application Criteria

a) Past pupils of Mōkau Primary School

Or

b) Current or past residents of the following geographical area boundaries

- Tongaporutu Bridge
- Awakino Tunnel
- Paparahia Station
- 1491 Tamumatamarie Road

Or

c) Current community groups within the above geographical area

Grant

At the discretion of the MCT grant committee, applicants may only receive a portion of the grant applied for. Applicants are free to apply in consecutive years but may not always be granted in the second year.

Notification

Applicants will be notified within a month of the closing date regarding the outcome of their applications.

Recipients will be required to give feed back to the MCT, a summary of the event or usage of the money received.

We look forward to receiving your application.

Applications are available by email or phone

mokaucomtrust@gmail.com

Maree Jones on 067529765

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*Husband at the computer
 "Honey, what's the password?" Wife "Our anniversary"
 Husband to self "She did that on purpose"*



**PHONE 07 877-8058
FAX 07 877-8061**

Barbara Kuriger

MP for Taranaki-King Country

Backing Rural and Provincial New Zealand

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For more information contact Tracey

021 064-6244 or 09 431-2158

A/H 5.30pm Monday-Friday

email: odonoghuetracey198@gmail.com



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~ PANORAMIC VIEWS ~

LAUREL & MURRAY REED

PHONE 06 752-9725

email: laurel.murray@xtra.co.nz

Coast Road, North Taranaki, PO Box 38 Mokau

EARTH MOVING

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Angela Roberts


List MP based in
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06 757 5662

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angela.robertsmp@parliament.govt.nz

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Authorised by Angela Roberts MP,
Parliament Buildings, Wellington



Tell us what you're up to now
and in the future so we can be
the 'unity' in community!



Dr. Kim Tatham
BDS Otago

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Anyone can send in photos for
the Tainui Trader front page!



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COMMUNITY INDEX AND PHONE NUMBERS

CAFES

River Run Café
06 752-9859

Whitebait Inn
06 752-9713

BUSINESS

1st Scaffolding
027 271-6167 OR 027 333-8531

Business Computer Services
Ross Smith - 07 877-8880

Chartered Accountants
Lionel Smith & Shelley Mitchell
Phone - 07 878-1098 Te Kuiti

Earthmoving / Cartage
Chris Wise - 06 752-9710

Electrician
Peter McNeice - 06 769-9596 or 027 445-6456

Engineering
Tony Grant - 021 129-6814

Gifts & More. Tawariki Goats Milk Soaps
027 954 6223

Gift Shop - KawaKawa Kottage Krafts
022 139-6774

Hairdressing / Le Reve
Heidi - 027 679-1931

Home Handyman & Painter
Murray Seamark - 021 431-432

Internet : Keryx Wireless
Frank - 021 0443567
Kevin - 027 299 1182

Mokau Butchery
06 752-9844

Ngā Hapū o Poutama - 06 752-5868
karuu.poutama@xtra.co.nz

Plumber
McIndoe Group - 07 878-5026

Property Maintenance
Geoff Preston - 027 693-0690

Trucking
Progress Transport - 07 877-8058

SCHOOLS

Ahititi School
06 752-5890

Mokau School
06 752-9733

Whareorino School
06 752-9850

SERVICES

Awakino Library
06 752-9838

Mokau Museum
06 752-9072

New Plymouth District Council
06 759-6060

Tongaporutu Hall
Phone 752-5872

Waitomo District Council
0800 932-4357

Barbara Kuriger MP
06 756-6032

Justice of the Peace
Gay Andrews : 06 752-5870

Marriage Celebrant
Heidi : 027 679-1931

Mokau Police
Kelly : 021 191-5229

Maniaroa Marae
Iwi, hapū, community enquiries
maniaroa@gmail.com

CLUBS / GROUPS

Awakino Bowling Club
06 752-9014 (Gail O'Keeffe)

Bone Carving (Mike Brown)
027 223-6138

Boys' Brigade (Shane Lowry)
06 752-9124

Girls' Brigade (Dorothy Lowry)
06 752-9123

Tainui Playgroup
06 752-9132

Tainui St John
07 877-8877 (Lynette)

ACCOMMODATION

Awakino Hotel
06 752-9815

Awakino River Lodge
021 775-397

Mokau Motel
06 752-9725

Seaview Motor camp
06 752-9708

Tongaporutu Hall
06 752 5872 or
tongaporutuhall@gmail.com

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Eric Cryer: 06 752-5821

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